



NOMINATION KIT

SEPTEMBER 29 TO OCTOBER 23 2022



**EXCELLENCE
SPORTIVE
OUTAOUAIS**



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In this document, the masculine gender is used as a generic for the sole purpose of lightening the text and facilitating reading.

All applications will be evaluated equally based on the information provided and the competition network of each applicant. Specifically, Para-sport athletes, regardless of the category submitted, will be considered equally based on their competitive network as well as for a coach or official working with athletes with a disability.



1. GALA EXCELLENCE SPORTIVE OUTAOUAIS DESCRIPTION

Excellence sportive Outaouais, the City of Gatineau, the MRC of Papineau, the MRC of Pontiac, the MRC of Vallée-de-la-Gatineau, Loisir sport Outaouais as well as the Gala Méritas have joined forces to present this gala to underline excellence in sports in the Outaouais region.

During this major event, we celebrate excellence and perseverance by awarding prizes in multiple categories and awarding bursaries in the categories

The Gala Excellence sportive Outaouais has the following objectives:

- Bringing together the sports community to celebrate excellence.
- Encourage and reward people in the region who are active in the field of sport.
- To recognize involvement and excellence to encourage the development of sport in the region

2. APPLICATION PERIOD

The application period is from September 29 until October 23, 2022, at 11:59 pm.

Submit an online application in three easy steps:

1. Go to www.sportoutaouais.ca in the Gala section.
2. Download the nomination package, and based on the criteria, select the appropriate award category.
3. Fill out and submit the form on the website (Google Form). If you are unable to submit an application via the Google Form, please notify the organizing committee at centre@sportoutaouais.ca

Once the form is submitted, you will receive a confirmation email with the application. The nominees, as well as the person responsible for the files, will be informed in November.



3. PLEASE NOTE

- Applications must be submitted via the website, without exception, by 11:59 p.m. on October 23, 2022.
- An individual or organization's name may be submitted in **only one** award category.
- All communications are done by email. The address for correspondence is centre@sportoutaouais.ca
- It is essential to obtain the person's permission before submitting his\her application.

4. HOW THE GALA WILL UNFOLD

The Gala Excellence sportive Outaouais will be held virtually, at the end of Fall 2022

5. AWARDS CATEGORIES

5.1 Sport achievements and perseverance

- Female international athlete
- Male international athlete
- Female national athlete
- Male national athlete
- Female provincial athlete
- Male provincial athlete
- Female discovery athlete
- Male discovery athlete
- Team excellence
- Team succession

5.2 Commitment and leadership

- Volunteer of the year
- Official of the year
- Coach excellence of the year
- Coach succession of the year
- Lise-Waters Prize - tribute to the developer

5.3. Outreach and regional pride

- Organization of the year



6. BURSARIES AND AWARDS

6.1. Sport achievements and perseverance awards

Thirty-two (32) bursaries for Sport achievement and perseverance will be awarded to the finalists in the following categories: international athlete female/male, national athlete female/male, provincial athlete female/male and revelation athlete female/male. A total of 9 600\$ will be awarded to the finalist of these categories.

Categories	Sport Achievement bursaries
International athlete female/male	500 \$
National athlete female/male	300 \$
Provincial athlete female/male	250 \$
Discovery athlete female/male	150 \$



6. BURSARIES AND AWARDS

6.2. Excellence Awards

Ten (10) bursaries for Excellence will be awarded to the finalists in the following categories: international athlete female/male, national athlete female/male, provincial athlete female/male, discovery athlete female/male, excellence team and succession team. A total of 5 850\$ will be awarded to the finalist of these categories.

Categories	Bursaries for Excellence
International athlete female/male	1 000 \$
National athlete female/male	700 \$
Provincial athlete female/male	500 \$
Discovery athlete female/male	350 \$
Excellence team	500 \$
Succession team	250 \$



6. BURSARIES AND AWARDS

6.3. Commitment and leadership bursaries

Coach

Two (2) bursaries for commitment and leadership will be awarded to the recipients of the following categories : Coach Excellence and Coach Succession. The bursaries will be in the form of services and individual meetings provided by an ESO professional in the discipline of their choice to help the coaches with their development.

6.4. Outreach and regional pride bursaries

Organization

One bursary for outreach and regional pride of 500 \$ will be awarded to the recipient in this category.

Categories	Bursaries
Coach Excellence	Five individual meetings
Coach Succession	Three individual meetings
Organization	500 \$



7. RECIPIENTS SELECTION

A selection committee will have the task to evaluate and select the finalists as well as the recipients in each category.

8. GENERAL ELIGIBILITY CRITERIA

For all award categories, the following eligibility criteria apply to each nomination package received:

- The awards are given to Canadian residents who carry out their actions mainly in the Outaouais region: Ville de Gatineau, MRC des Collines-de-l'Outaouais, MRC de Papineau, MRC de la Vallée-de-la-Gatineau and MRC du Pontiac.
- Actions must have been completed between Septembre 21, 2021, and August 31, 2022.
- The events must be held in the Outaouais region.

Please refer to the table on the following pages for the definition of the award categories and all the eligibility criteria.

9. INFORMATIONS

If you would like more information, we invite you to contact the organizing committee at centre@sportoutaouais.ca



10. CATEGORY DEFINITIONS, CRITERIA AND PREREQUISITES

SPORTING ACHIEVEMENTS

SPORTING ACHIEVEMENTS		
CATEGORIES	DEFINITIONS	PREREQUISITES
INTERNATIONAL ATHLETE	<p>The most distinguished athlete at international level competitions.</p> <p>Depending on the discipline, this athlete may be a member of the national team, have participated in the Olympic Games, Paralympic Games, Commonwealth Games, Pan American Games, Parapan American Games, Universiade, or the international competition circuit.</p>	<p>The performances or actions must have been performed between September 1, 2021, and August 31, 2022.</p> <p>The athlete must practice a federated sport.</p>
NATIONAL ATHLETE	<p>The most distinguished athlete at national and sometimes international level competitions (less than two international events per year).</p> <p>Depending on the discipline, this athlete may be a member of the provincial team and have participated in the Canada Games or the national competition circuit.</p>	<p>The performances or actions must have been performed between September 1, 2021, and August 31, 2022.</p> <p>The athlete must practice a federated sport.</p>
PROVINCIAL ATHLETE	<p>The most distinguished athlete at provincial and sometimes national level competitions (less than two national events per year).</p> <p>Depending on the discipline, this athlete may be a member of the regional team and have participated in the Jeux du Québec or the provincial competition circuit.</p>	<p>The performances or actions must have been performed between September 1, 2021, and August 31, 2022.</p> <p>The athlete must practice a federated sport.</p>



10. CATEGORY DEFINITIONS, CRITERIA AND PREREQUISITES
SPORTING ACHIEVEMENTS (2)

SPORTING ACHIEVEMENTS		
CATEGORIES	DEFINITIONS	PREREQUISITES
DISCOVERY ATHLETE	<p>The most distinguished athlete for their potential and progression at regional and sometimes provincial level competitions (less than two national events per year). Depending on the discipline, this athlete may have participated on the regional competition circuit.</p>	<p>The performances or actions must have been performed between September 1, 2021, and August 31, 2022.</p> <p>The athlete must practice a federated sport.</p> <p>The athlete has been practicing this discipline for less than five years.</p>
TEAM EXCELLENCE	<p>The team has distinguished itself the most in national and/or international sports competitions.</p> <p>Depending on its discipline, this team may have participated in an organized circuit of a team sport at the regional, provincial, national and/or international level.</p>	<p>The performances or actions must have been performed between September 1, 2021, and August 31, 2022.</p> <p>The team must practice a federated sport.</p>
TEAM SUCCESSION	<p>The team has distinguished itself the most in provincial, or regional sports competitions.</p> <p>Depending on its discipline, this team may have participated in an organized circuit of a team sport at the regional and/or provincial level.</p>	<p>The performances or actions must have been performed between September 1, 2021, and August 31, 2022.</p> <p>The team must practice a federated sport.</p>



10. CATEGORY DEFINITIONS, CRITERIA AND PREREQUISITES

COMMITMENT AND LEADERSHIP

ENGAGEMENT AND LEADERSHIP		
CATEGORIES	DEFINITIONS	PREREQUISITES
VOLUNTEER OF THE YEAR	The volunteer who has distinguished themselves the most by their involvement. This volunteer has particularly distinguished themselves by their involvement in sports development.	Performances or actions must have been completed between September 1, 2021, and August 31, 2022. The volunteer must not be paid.
OFFICIAL OF THE YEAR	The official who distinguished himself the most by the quality of his commitment. This official is recognized for the quality of its involvement in the judgment and arbitration of events of his discipline in competitions at the regional, provincial, national or international level.	Performances or actions must have been completed between September 1, 2021, and August 31, 2022.
COACH EXCELLENCE	The coach who has distinguished themselves the most by the performance of the athletes they coach and their perseverance in keeping their athletes in training. This coach is recognized for their competence in coaching athletes in their discipline at the international and national level.	Performances or actions must have been completed between September 1, 2021, and August 31, 2022. The coach must be recognized by their sport federation.
COACH SUCCESSION	The coach who has distinguished themselves the most by the performance of the athletes they coach and their perseverance in keeping their athletes in training. This coach is recognized for their competence in coaching athletes in their discipline at the provincial and regional level.	Performances or actions must have been completed between September 1, 2021, and August 31, 2022. The coach must be recognized by their sport federation.



10. CATEGORY DEFINITIONS, CRITERIA AND PREREQUISITES
OUTREACH AND REGIONAL PRIDE

OUTREACH AND REGIONAL PRIDE		
CATEGORIES	DEFINITIONS	PREREQUISITES
ORGANIZATION OF THE YEAR	The sport organization that has distinguished itself the most by its impact and achievements This organization is recognized for the quality of its social, community, sports, and economic impact on the Outaouais region. Social economy organizations are eligible for this award category.	Performance or actions must have been completed between September 1, 2021, and August 31, 2022. The organization must not have won this award last year.

