



Gala
EXCELLENCE
SPORTIVE
OUTAOUAIIS

NOMINATION KIT

SEPTEMBER 24 TO OCTOBER 24 2021



Table of contents



TABLE OF CONTENTS	1
1. GALA EXCELLENCE SPORTIVE OUTAOUAIS DESCRIPTION	2
2. APPLICATION PERIOD.....	2
3. PLEASE NOTE	3
4. HOW THE GALA WILL UNFOLD.....	3
5. AWARDS CATEGORIES.....	4
5.1. SPORT ACHIEVEMENTS AND PERSEVERANCE	4
5.2. ENGAGEMENT AND LEADERSHIP.....	4
5.3. OUTREACH AND REGIONAL PRIDE	4
6. BURSARIES AND AWARDS	4
6.1. SPORT ACHIEVEMENTS AND PERSEVERANCE AWARDS	4
6.2. ENGAGEMENT AND LEADERSHIP BURSARIES.....	5
6.3. OUTREACH AND REGIONAL PRIDE BURSARIES.....	5
7. GENERAL ELIGIBILITY CRITERIA	5
8. INFORMATION.....	5
10. CATEGORY DEFINITIONS, CRITERIA AND PREREQUISITES.....	6
SPORTING ACHIEVEMENTS.....	6
ENGAGEMENT AND LEADERSHIP.....	8
OUTREACH AND REGIONAL PRIDE	9

In this document, the masculine gender is used as a generic for the sole purpose of lightening the text and facilitating reading.

All applications will be evaluated equally based on the information provided and the competition network of each applicant. Specifically, Para-sport athletes, regardless of the category submitted, will be considered equally based on their competitive network as well as for a coach or official working with athletes with a disability.



1. GALA EXCELLENCE SPORTIVE OUTAOUAIS DESCRIPTION



Since 2017, Excellence sportive Outaouais, formerly known as the Conseil de développement du sport de Gatineau (CDSG), the City of Gatineau, the MRC of Papineau, the MRC of Pontiac, the MRC of Vallée-de-la-Gatineau, Loisir sport Outaouais as well as the Gala Méritas have joined forces to present this gala to underline excellence in sports in the Outaouais region.

During this major event, we celebrate excellence and perseverance by awarding prizes in 7 categories and awarding bursaries in the categories of **Sports Achievements** and **Regional Pride and Influence**.

The mission of the Gala Excellence sportive Outaouais is to recognize the prowess of regional, provincial, national, and international athletes and the commitment of Outaouais' volunteers, in addition to highlighting the contribution of sports initiatives that promote our beautiful region.

The Gala Excellence sportive Outaouais has the following objectives:

- Bringing together the sports community to celebrate excellence.
- Encourage and reward people in the region who are active in the field of sport.
- To recognize involvement and excellence to encourage the development of sport in the region.

2. APPLICATION PERIOD

The application period is from September 24 until October 24, 2021, at 11 pm.

Submit an online application in three easy steps:

1. Go to www.sportoutaouais.ca in the Gala section.
2. Download the nomination package, and based on the criteria, select the appropriate award category.
3. Fill out and submit the form on the website (Google Form). If you are unable to submit an application via the Google Form, please notify the organizing committee at evenement@sportoutaouais.ca

Once the form is submitted, you will receive a confirmation email with the application. This one will be modifiable until October 24, 2021, at 11 pm. The nominees, as well as the person responsible for the files, will be informed in November.



3. PLEASE NOTE

- Applications must be submitted via the website, without exception, by 11 p.m. on October 24, 2021.
- An individual or organization's name may be submitted in **only one** award category.
- All communications are done by email. The address for correspondence is evenement@sportoutaouais.ca
- It is essential to obtain the person's permission before submitting his\her application.

4. HOW THE GALA WILL UNFOLD

This year, due to the pandemic, the Gala Excellence sportive Outaouais will be held virtually at the end of the fall of 2021 on our different web platforms. More details will be communicated to you in the weeks leading up to the event.



5. AWARDS CATEGORIES

5.1. Sport achievements and perseverance

- 1) International athlete
- 2) National athlete
- 3) Perseverance athlete
- 4) Team of the year

5.2. Engagement and leadership

- 5) Volunteer of the year
- 6) Coach of the year

5.3. Outreach and regional pride

- 7) Organization of the year



6. BURSARIES AND AWARDS

6.1. Sport achievements and perseverance awards

Categories	Sport achievements bursaries
International athlete	750 \$
National athlete	750 \$
Perseverance athlete	350 \$
Team	500 \$



6.2. Engagement and leadership bursaries

Categories	Engagement and leadership bursary
Coach	500 \$

6.3. Outreach and regional pride bursaries

Categories	Outreach and regional pride bursary
Organization	500 \$

7. GENERAL ELIGIBILITY CRITERIA

For all award categories, the following eligibility criteria apply to each nomination package received:

- ✓ The awards are given to Canadian residents who carry out their actions mainly in the Outaouais region: Ville de Gatineau, MRC des Collines-de-l'Outaouais, MRC de Papineau, MRC de la Vallée-de-la-Gatineau and MRC du Pontiac.
- ✓ **Actions must have been completed between April 13, 2020, and August 31, 2021.**
- ✓ **The events must be held in the Outaouais region.**

Please refer to the table on the following pages for the definition of the award categories and all the eligibility criteria.

8. INFORMATION

9. If you would like more information, we invite you to contact the organizing committee at evenement@sportoutaouais.ca



10. CATEGORY DEFINITIONS, CRITERIA AND PREREQUISITES

SPORTING ACHIEVEMENTS			
CATEGORIES	DEFINITIONS	CRITERIAS	PREREQUISITES
INTERNATIONAL ATHLETE	<p>The most distinguished athlete at international level competitions.</p> <p>Depending on the discipline, this athlete may be a member of the national team, have participated in the Olympic Games, Paralympic Games, Commonwealth Games, Pan American Games, Parapan American Games, Universiade, or the international competition circuit.</p>	<ol style="list-style-type: none"> 1. Results and performances (50 %) 2. Progression (40 %) 3. Outreach (10 %) 	<p>The performances or actions must have been performed between April 13, 2020, and August 31, 2021.</p> <p>The athlete must practice a federated sport.</p>
NATIONAL ATHLETE	<p>The most distinguished athlete at national and sometimes international level competitions (less than two international events per year).</p> <p>Depending on the discipline, this athlete may be a member of the provincial team and have participated in the Canada Games or the national competition circuit.</p>	<ol style="list-style-type: none"> 1. Results and performances (50 %) 2. Progression (40 %) 3. Outreach (10 %) 	<p>The performances or actions must have been performed between April 13, 2020, and August 31, 2021.</p> <p>The athlete must practice a federated sport.</p>

PERSEVERANCE ATHLETE	<p>The athlete has demonstrated the most perseverance, motivation, innovation, leadership and resilience in their sport.</p> <p>This athlete may or may not have competed during the period of eligible activity. This athlete may be recognized at the excellence, elite, emerging, hope or sport-study level.</p>	<p>1. Results and performances (10 %)</p> <p>2. Progression (20 %)</p> <p>3. Perseverance and innovation (60%)</p> <p>4. Outreach (10 %)</p>	<p>The performances or actions must have been performed between April 13, 2020, and August 31, 2021.</p> <p>The athlete must practice a federated sport.</p>
---------------------------------	--	--	--

SPORTING ACHIEVEMENTS

CATEGORIES	DEFINITIONS	CRITERIAS	PREREQUISITES
TEAM OF THE YEAR	<p>The team has distinguished itself the most in national, international, provincial, or regional sports competitions.</p> <p>Depending on its discipline, this team may have participated in an organized circuit of a team sport at the regional, provincial, national and/or international level.</p>	<p>1. Results and performances (30 %)</p> <p>2. Progression and perseverance (60 %)</p> <p>3. Outreach (10 %)</p>	<p>The performances or actions must have been performed between April 13, 2020, and August 31, 2021.</p> <p>The athlete must practice a federated sport.</p>

ENGAGEMENT AND LEADERSHIP

CATEGORIES	DEFINITIONS	CRITERIAS	PREREQUISITES
VOLUNTEER OF THE YEAR	<p>The volunteer who has distinguished himself/herself the most by his/her involvement.</p> <p>This volunteer has particularly distinguished himself by his involvement in sports development.</p>	<ol style="list-style-type: none"> 1. Engagement and diversity (40 %) 2. Innovation and leadership (30 %) 3. Skills and abilities (30 %) 	<p>Performances or actions must have been completed between April 13, 2020, and August 31, 2021.</p> <p>The volunteer must not have won this award last year.</p> <p>The volunteer must not be paid.</p>
COACH OF THE YEAR	<p>The coach who has distinguished himself/herself the most by the performance of the athletes he/she coaches and his/her perseverance in keeping his/her athletes in training.</p> <p>This coach is recognized for his or her competence in coaching athletes in his or her discipline at the international, national, provincial, or regional level.</p>	<ol style="list-style-type: none"> 1. Engagement (20 %) 2. Improvement (20 %) 3. Contribution to success and perseverance (30 %) 4. Results and performances (20 %) 5. Outreach (10 %) 	<p>The performances or actions must have been realized between April 13, 2020, and August 31, 2021.</p> <p>The coach must be recognized by his/her sport federation.</p> <p>The coach must not have won this award last year.</p>

OUTREACH AND REGIONAL PRIDE

CATEGORIES	DEFINITIONS	CRITERIAS	PREREQUISITES
<p>ORGANIZATION OF THE YEAR</p>	<p>The sport organization that has distinguished itself the most by its impact and achievements</p> <p>This organization is recognized for the quality of its social, community, sports, and economic impact on the Outaouais region.</p>	<ol style="list-style-type: none"> 1. Innovation (20%) 2. Impacts (20%) 3. Outreach (20%) 4. Improvement (20%) 5. Leadership (20%) 	<p>Performance or actions must have been completed between April 13, 2020, and August 31, 2021.</p> <p>The organization must not have won this award last year.</p>